



CHRISTMAS TRAINING CAMP

27-29 December 2024

Event Program

Organizer

GKS Czarni Bytom
Email: camp@judobytom.pl | +48 515131412

Location:

Hala Sportowa „Czarni” Bytom 41-902 Bytom, ul. Łużycka 90

Event Dates:

27-29.12.2024

Participants:

Seniors | Juniors | Cadets - Women and Men

Accommodation:

Accommodation and meals are available upon prior request to the organizer at camp@judobytom.pl or +48 515 131 412
Reservation deadline: **27.11.2024**

Fees:

150 PLN for the camp or **50 PLN** per training session

Enrollment and payments:

Applications must be submitted to: camp@judobytom.pl
Participation fees are to be transferred to the bank account:
Owner: GKS CZARNI BYTOM
Currency: PLN
IBAN: PL13109020110000000532057769
SWIFT bank code: WBKPPLPP
Bank: Santander Bank Polska S.A.
Bank Address: Jana Pawła II 17, 00-854 Warszawa, Poland

Registration Deadline: 20.12.2024

Notes:

Participants must have valid accident insurance (NNW). The responsibility for ensuring insurance for the competitors lies with the clubs participating in the event.

The organizer is not responsible for any incidents that may occur.

Camp Program:

27.12 Friday	28.12 Saturday	29.12 Sunday
	10:30 -12:30 Men/Women 10' Warm-up 10' Uchikomi TW 8x4' +1' GS RTW	10:30 -12:30 Men/Women 10' Warm-up 10' Uchikomi TW 5'4'3'2'2'3'4'5' RTW
17:30-19:30 Men/Women 10' Warm-up 5' Uchikomi NW 5' Transition TW do NW 4x2' RNW 10' Uchikomi TW 6x4' RTW	17:30-19:30 Men/Women 10' Warm-up 5' Uchikomi NW 5' Transition TW do NW 4x2' RNW 10' Uchikomi TW 6x4' RTW	15:30-17:30 Men/Women 10' Warm-up 5' Uchikomi NW 5' Transition TW to NW 4x2' RNW 10' Uchikomi TW 5x4' RTW

Updates: 4.10.2024

